

Practice in Main rink

Thursday		Main rink		
18.00	-	18.40	Cubs Girls entry nr. 1-12	Free Program
18.40	-	19.20	Cubs Girls entry nr. 13-25	Free Program
19.20	-	20.00	Novice Girls Younger entry nr. 1-9	Short Program
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20.00	-	20.15	Ice Prep.	
20.15	-	20.55	Novice Girls Younger entry nr. 10-18	Short Program
20.55	-	21.35	Novice Girls Younger entry nr. 19-26	Short Program
21.35	-	22.25	Novice Girls Older entry 1-14	Short Program

Friday		Main rink		
8.00	-	8.30	Springs Girls entry nr.1-8	Free program
8.30	-	9.00	Springs Girls entry nr 9-17	Free program
9.00	-	9.35	Springs Girls entry nr. 18 -25	Free program
9.35	-	9.50	Ice prep.	
9.50	-	10.20	Debs Girls entry nr. 1-7	Short Program
10.20	-	10.50	Debs Girls entry nr. 8-13	Short Program
10.50	-	11.20	Debs Boys entry nr. 1	Short Program
	-		Novice Boys entry 1-2	Short Program
11.20	-	11.35	Ice prep.	
11.35	-	12.15	Junior Ladies entry 1-10	Short Program
12.15	-	12.55	Junior Ladies entry 11-20	Short Program
12.55	-	13.25	Senior Ladies entry 1-6	Short Program
14.00			Competition start	

Friday Practice rink

18.00	-	18.30	Debs Girls start 1-7	Short Program
18.30	-	19.00	Debs Girls start 8-13	Short Program
19.00	-	19.30	Debs Boy start 1	Short Program
	-		Novice Boys start nr 1-2	Short Program
19.30	-	19.45	Ice preparation	
19.45	-	20.25	Junior Ladies start nr 1-10	Short Program
20.25	-	21.10	Junior Ladies start nr 11-20	Short Program
21.10	-	21.40	Senior Ladies start 1- 6	Short Program

**Practice rink Saturday**

<b>9.00</b>	-	<b>9.40</b>	<b>Novice Girls Younger start nr. 1-6</b>	<b>Free program</b>
<b>9.40</b>	-	<b>10.20</b>	<b>Novice Girls Younger start nr. 7 - 14</b>	<b>Free program</b>

<b>10.20</b>	-	<b>10.55</b>	<b>Novice Girls Younger start nr. 15 -20</b>	<b>Free Program</b>
<b>10.55</b>	-	<b>11.00</b>	<b>Icepreparation</b>	
11.00	-	11.30	Debs Boys entry nr. 1	Short Program
			Novice Boys entry 1-2	Short Program
11.30	-	12.30	Novice Girls Older start 1-15	Free Program
				Free Program
15.30	-	16.10	Cubs Boys	Free Program
17.00	-	17.30	Debs Girls start 1-7	Free Programme
17.30	-	18.00	Debs Girls start 8-15	Free Programme
18.00	-	18.30		
18.30	-	19.00	Debs Boys entry nr. 1	Free programme
			Novice Boys entry 1-2	Free programme

Practice rink Sunday

8.00	-	8.45	Junior Ladies start nr. 1-10	Free programme
8.45	-	9.30	Junior Ladies start nr. 11-20	Free programme
9.30	-	10.15	Senior Ladies start nr 1- 6	Free programme

30	6
30	6
27	6

27	6
24	6
42	6

25	6
25	6
25	6